



# Welcome from the Vice President for Student Affairs

September 27, 2019

Dear Engage! Conference Attendees:

We are ecstatic that you have joined us for Engage! Conference 2019! Welcome—and for those of you visiting from other campuses, welcome to UGA.

Today offers a special opportunity for us to come together in mutual learning and collaboration to benefit the amazing students we serve. One of the best parts of this event is the chance to network and build community with other campus colleagues and new friends. I encourage us all to be proactive today in making new connections and finding new ways to enrich student learning and support student development and growth.

I want to offer my personal thanks to Dr. Karen Reivich, our keynote speaker, for joining us at this event. We are beyond excited to have Karen bring her expertise on positive psychology and resiliency to help us cultivate resilience and optimism in our lives and the lives of others.

As you enjoy the day, if there is anything we can do to improve your experience, please let one of our team members know.

Thank you again for sharing your time and talents with us today. May this event inspire new growth, for the betterment of ourselves and the campuses and communities we call home.

Be well,

Victor K. Wilson

Vice President for Student Affairs

University of Georgia

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# Things to Know

## Registration and Check-In

Check-In and On-Site Registration is located in the Tate Atrium. After 9:00 a.m., Registration and Check-In can be found on the 3rd Floor of Tate Student Center in room 352, near the Tate Student Center Information Desk.

#### Wi-Fi

Guests of the University may connect to wireless access using Eduroam. If you do not have an Eduroam account, please connect to the "UGA\_Visitors\_WiFi" network. You will be asked to provide a phone number or email to login.

# Conference Help Desk and Refreshments

Checking in late? Wondering where your next session might be? Have a question? Looking for refreshments? Visit Room 352 and a member of our team will be happy to assist you!

## Lunch and Featured Session

Lunch will take place in Grand Hall from 12:00 p.m.to 1:15 p.m. The lunch featured session, Imagination Squared by Christina Foard, will begin at 12:30 p.m.

## Social Media

Be sure to follow the conference by using #SAChat, #EngageUGA, #UGA, and #ForTheStudents on Twitter, Facebook, and Instagram.

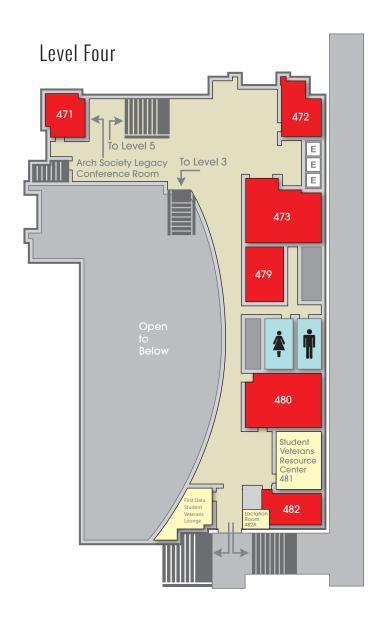
Twitter: @UGAStudent Facebook: /ugasastaff Instagram: @ugasastaff

# Dean William Tate Student Center Map (Levels 1 & 3)

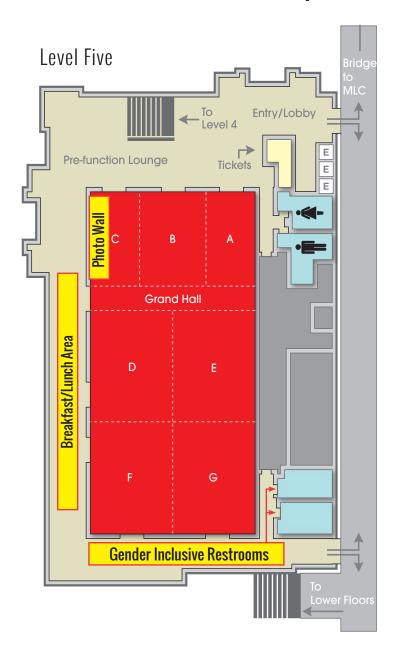




# Dean William Tate Student Center Map (Level 4)



# Dean William Tate Student Center Map (Level 5)





# 2019 Keynote Speaker

UGA Student Affairs is proud to present our keynote speaker for Engage! Conference 2019, Dr. Karen Reivich!



**Karen Reivich, Ph.D.** Professor of Psychology University of Pennsylvania

Dr. Karen Reivich is the Director of Training Programs for the Penn Positive Psychology Center, and is the lead instructor and curriculum developer for the Penn Resilience Programs. Dr.

Reivich is also an instructor in the Penn Master of Applied Positive Psychology program (MAPP). She has a Ph.D. in Psychology from the University of Pennsylvania.

Dr. Reivich is a leading expert in the fields of resilience, depression prevention, and Positive Psychology. She has extensive experience in the science and training of resilience and Positive Psychology principles. She has co-authored two books on resilience and optimism, has published extensively in peer reviewed scholarly journals, and edited books in the areas of Positive Psychology and resilience. Dr. Reivich has more than 25 years of experience developing and delivering resilience and Positive Psychology programs to educators, and has been the lead instructor for more than 200 Penn Resilience Programs that have included approximately 10,000 people. She has supervised the delivery of more than 300 Penn Resilience Programs to numerous organizations, including schools, the U.S. Army, and a professional sports organization.



# 2019 Lunch Keynote Speaker

UGA Student Affairs is proud to present our lunch keynote speaker for Engage! Conference 2019, Christina Foard!



Christina Foard Graduate Teaching Assistant Imagination Squared University of Georgia

Christina Foard has 25+ of years non-profit program management experience and is a Graduate Teaching Assistant in the Lamar Dodd School of Art's MFA program at UGA. Foard's

early career was centered on communications and new-media in the Washington, DC area, then shifted towards arts administration roles directing programming and curriculum for art museums and arts in medicine programs in Jacksonville, Florida. Foard is an artist represented by several galleries in the US and has been in over 35 group exhibitions nationally and internationally and eight solo exhibitions in the past decade.

## **Featured Sessions**

Opening Keynote: 8:30 a.m. - 10:00 a.m. Tate Grand Hall (Level 5)

#### Cultivating Resilience and Optimism in Today's Students and Staff

How can we cultivate resilience and optimism within others and ourselves? Utilizing current research performed by the University of Pennsylvania Resilience and Well-Being Program, Dr. Reivich will discuss current findings of their research, examine resilience and its tie with well-being, and explore how participants can weave an optimistic mindset in their professional and personal lives.

#### PRESENTER:

Karen Reivich, Ph.D., Professor of Psychology, University of Pennsylvania

Tags: #research #studentsupport #resilience

Featured Concurrent Session 1: 10:15 a.m. - 11:00 a.m. Tate Reception Hall (Level 1)

#### **Challenging Counterproductive Patterns in Thinking**

What if our thinking patterns inhibit us from truly maximizing our innate ability to be resilient? Utilizing research, participants will learn techniques and skills to examine thinking traps that are counterproductive to fostering one's own resilience. Attendees should expect to dialogue around common thinking traps they experience, explore potential patterns that lead to thinking traps, and develop personal mental cues to avoid traps. Attendees will leave this session with real-time techniques to foster resilience for themselves and others while also finding ways to build realistic optimism.

#### PRESENTER:

**Karen Reivich**, Professor of Psychology, University of Pennsylvania

Tags: #resilience #optimism #thinkingpatterns

# **Featured Sessions** (continued)

Featured Concurrent Session 2: 11:15 a.m. - 12:00 p.m. Tate Reception Hall (Level 1)

#### Room to Grow: Fostering Resilience and Growth Among Campus Staff

As student-serving staff, our roles are constantly evolving. The expectations of today's students push us in new ways, often challenging long-standing practices and beliefs and creating opportunities for positive change. This panel discussion will explore frequent tensions in the work of today's campus staff and offer strategies for staff to continue to grow and thrive personally and professionally through challenging times. Staff at all levels are encouraged to attend.

#### **PANELISTS:**

**Allie Cox**, Director, Training & Development, University of Georgia **Michelle Garfield-Cook**, Vice Provost for Diversity and Inclusion and Strategic University Initiatives,
University of Georgia

Navdeep Singh, Student Government Association Treasurer, University of Georgia

#### MODERATOR:

Victor K. Wilson, Vice President for Student Affairs, University of Georgia

Tags: #leadership #professionaldevelopment

Lunch Featured Session: 12:30 p.m. - 1:15 p.m. Tate Grand Hall (Level 5)

#### Imagination Squared: Examining One's Own Power of Resilience Through Art

If you had to think of one word that described your sense of resilience, what would it be? The ability to adapt and grow is something that makes each of us unique. In this lunchtime keynote, attendees will learn how the community-based art project Imagination Squared has empowered the Athens community to embrace their own personal pathways to resilience.

#### PRESENTER:

**Christina Foard,** Imagination Squared Program Director/Graduate Teaching Assistant, University of Georgia

Tags: #resilience #embracethejourney

# Featured Sessions (continued)

Featured Concurrent Session 3: 1:15 p.m. - 2:00 p.m. Tate Reception Hall (Level 1)

#### Hot Topics in Higher Education Law: From Issue to Policy

This session looks at three areas of law that have seen important developments in the last few years: free speech, threat assessment, and student privacy. We will discuss some of the legal developments and how institutions can use policies and procedures to address these developments.

#### PRESENTER:

Marshall Chalmers, Associate General Counsel, Office of Legal Affairs, University of Georgia
Tags: #higheredlaw #higheredpolicy #policyandprocedure

Featured Concurrent Session 4: 2:15 p.m. - 3:00 p.m. Room 137

#### Imagination Squared: Building Your Own Pathway to Resilience

As a follow-up to the lunchtime keynote, participants will be given the time, space, and resources to create their own resilience square. Attendees will learn more about the unique stories of past Imagination Squared participants, examine how resilience may take shape for them, and have the space to craft their own resilience square or record a brief audio sample that describes their resilience.

#### PRESENTER:

**Christina Foard**, Imagination Squared Program Director/Graduate Teaching Assistant, University of Georgia

Tags: #resiliencethroughart #findvourpath #resilience

Featured Session: Engage! Bash: 3:00 p.m. - 4:15 p.m. Tate Student Center - South Lawn (near check-in on Level 3)

In the case of inclement weather, location will be moved to Tate Grand Hall.

Join us for an opportunity to gather and discuss learning from the conference. Music and light refreshments will be provided. Make sure to stick around for the tour of Sandford Stadium! Special thanks to WUOG for providing our entertainment for the Engage! Bash.

Founded October 16, 1972, WUOG (90.5 FM) is one of the most powerful college stations in the country with a transmitter that can broadcast an effective radius of 60 miles or 100 kilometers. WUOG specializes in helping new and independent artists gain exposure while hosting over 30 different specialty shows featuring local bands playing for live and radio audiences. WUOG has a student executive board of fifteen students and is advised by the Center for Student Activities and Involvement.

## Schedule at a Glance

All sessions are located in the Tate Student Center.

8:00 a.m. - 8:30 a.m. Registration, Check-In, and Continental Breakfast

8:30 a.m. - 10:00 a.m. Opening Session and Keynote Address

**10:00 a.m. - 10:15 a.m.** Break

**10:15 a.m. - 11:00 a.m.** Concurrent Session 1

11:00 a.m. - 11:15 a.m. Break

**11:15 a.m. - 12:00 p.m.** Concurrent Session 2

12:00 p.m. - 1:15 p.m. Lunch and Featured Session

**1:15 p.m. - 2:00 p.m.** Concurrent Session 3

**2:00 p.m. - 2:15 p.m.** Break

2:15 p.m. - 3:00 p.m. Concurrent Session 4

**3:00 p.m. - 4:15 p.m.** Engage! Bash

Need assistance finding the next session? Looking for more coffee? Want to sign up for the tour of Sanford Stadium? Stop by Tate 352 for all your conference needs and one of our conference personnel will gladly assist you.







Featured Session - Reception Hall (Level 1)

#### **Challenging Counterproductive Patterns in Thinking**

What if our thinking patterns inhibit us from truly maximizing our innate ability to be resilient? Utilizing research, participants will learn techniques and skills to examine thinking traps that are counterproductive to fostering one's own resilience. Attendees should expect to dialogue around common thinking traps they experience, explore potential patterns that lead to thinking traps, and develop personal mental cues to avoid traps. Attendees will leave this session with realtime techniques to foster resilience for themselves and others while also finding ways to build realistic optimism.

#### PRESENTER:

**Karen Reivich**, Professor of Psychology, University of Pennsylvania

Tags: #research #studentsupport #resilience

Room 137

#### Leveraging Strengths to Navigate Resilience

This presentation will build on the concepts of strengths-based development. Utilizing one's strengths identified via Gallup's StrengthsFinder assessment, participants will learn about the intersection of strengths and resilience for navigating challenges. Considering an individual's Top 5 Strengths, the workshop will explore how strengths development can impact self-efficacy and resilience. The workshop will highlight the importance of self-efficacy and resilience on professional and personal development.

#### PRESENTER:

**Alyson Paul**, Associate Vice President for Student Affairs and Dean of Students. University of North Georgia

Tags: #strengths #self-efficacy #selfmotivation

#### Room 138

#### Creating Lasting Excellence One Small Step at a Time: The Spirit of Kaizen

Kaizen encourages participants to start small, ask small questions, and to attempt continual process improvement through repetition. Participants in this session will learn the Kaizen way to achieve professional and personal goals, and they will acquire basic knowledge in order to implement Kaizen in their lives one small step at a time and create lasting excellence.

#### PRESENTER:

Rosendo Alvarezarmenta, IT Senior Manager, University Housing, University of Georgia

Tags: #kaizen #processimprovement #excellence

# **Concurrent Session I** (continued)

Room 139

#### **Tools and Tips for Advising Student Planners**

This session will explore the advisor's role in facilitating student-led programming. As advisors, our job is to teach students how to plan their own events and programs while keeping university policies in mind. This presentation will provide helpful sample documents and potential exercises to conduct with student committees. We will also discuss best practices for student training, program planning, and assessment.

#### PRESENTER:

Mary Kate Steinbeck, Senior Coordinator, Tate Student Center, University of Georgia

Tags: #advising #studentorganizations #studenttraining

#### Room 140

#### How Different is It? Taking a Look at Current Perceptions and Realities of the Fraternity Experience

The past few years have been trying for fraternities and sororities. Deaths, shutdowns, outrageous substance misuse, and hazing have headlined newspapers and televisions across the country. The past two years have left many asking, "Where do we go from here?" This session will examine how our perceptions of the fraternity and sorority experience affect our responses, how the reality of the experience has changed, and why it matters.

#### PRESENTER:

**Logan Davis**, Outreach and Engagement Manager, Higher Education Center for Alcohol and Other Drug Misuse Prevention and Recovery, Ohio State University

Tags: #greeklife #prevention #expansivethinking

#### **Room 141**

#### Collective Impact: Creating A Campus Culture of Well-Being

Well-being and healthy routines are empirically linked to learning success markers. Students today report high levels of stress and anxiety, compounded by limited coping skills and thwarting persistence. This interactive session will explore ways to implement a cross functional framework for wellness in order to engage with all campus partners, including faculty, staff, and students.

#### PRESENTERS:

**Mandy Hays**, Assistant Vice President, Campus Activities and Events, Clemson University **Emily Pettit**, Dean of Student Engagement, Piedmont College **Liz Prince**. Director of Health Promotion. University Health Center. University of Georgia

Tags: #wellbeing #academicsuccess #studentsuccess

#### **Psychological Safety: The Secret Sauce of Successful Teams**

When people feel safe to contribute their ideas, teams thrive and innovation flourishes. Researchers have named this phenomenon "psychological safety" and claim it is the single most important predictor of team success. It is the necessary underpinning for learning, strategic decisions, and growth. In this session, participants will learn what psychological safety is (and what it is not), why it is crucial for teams and organizations in today's higher education context, and how we can foster it to do more than we ever imagined.

#### PRESENTERS:

Allie Cox, Director, Training & Development, University of Georgia

Maggie Denna, Senior Manager, Training & Development, University of Georgia

Tags: #teambuilding #leadership #innovation

#### Room 473

#### Approaches to Collaborative Care in Higher Education

Students are arriving at college more stressed than ever before. Facing challenges related to academics and social interaction, students often find themselves navigating complex, unforeseen circumstances that may increase that stress. The past ten years have seen a growth in offices that provide students with connections to resources and networks of support to promote student success. This presentation will discuss how two institutions have designed and implemented effective and efficient networks of care and support.

#### PRESENTERS:

**Kimberly Poole**, Associate Dean of Students, Office of Advocacy and Success, Clemson University **Beau Seagraves**, Associate Dean of Students and Director, Student Care and Outreach, University of Georgia

**Carrie Smith**, Assistant Dean of Students, Student Care and Outreach, University of Georgia Tags: #wellbeing #studentsuccess #collaboration

#### Room 479

#### New Professional & Graduate Assistant Roundtable

The New Professional & Graduate Assistant Roundtable will provide graduate assistants and staff members with less than three years of professional experience the opportunity to participate in a facilitated dialogue around topics such as transitioning to a new office, taking advantage of institutional resources, networking, and many more. Participants are encouraged to bring any and all questions they might have with them!

#### PRESENTER:

**Noah Baker,** Senior Coordinator of Student Activities, University of Georgia

Tags: #sagrad #sapro #newprofessional

## **Concurrent Session I** (continued)

Room 480

#### Towards a Safer, Healthier Community

This presentation will explore the evolving role of police as just one part of the larger mosaic representing a community's efforts to build and sustain a safer and healthier campus environment. The discussion will reflect on historical ideas of the roles of police in society, and propose ways in which "community policing" can be re-envisioned as a holistic spectrum of engagement focused on the greater good, with particular attention paid to the effect of collaboration between public safety, student affairs, and other campus partners.

#### PRESENTER:

**Dan Silk.** Chief of Police. UGA Police Department. University of Georgia

Tags: #campussafety #crosscollaboration #studentwellness

# Concurrent Session II 11:15 a.m. - 12:00 p.m.

Featured Session - Reception Hall (Level 1)

#### Room to Grow: Fostering Resilience and Growth Among Campus Staff

As student-serving staff, our roles are constantly evolving. The expectations of today's students push us in new ways, often challenging long-standing practices and beliefs and creating opportunities for positive change. This panel discussion will explore frequent tensions in the work of today's campus staff and offer strategies for staff to continue to grow and thrive personally and professionally through challenging times. Staff at all levels are encouraged to attend.

#### PANFLISTS:

**Allie Cox**, Director, Training & Development, University of Georgia

Michelle Garfield-Cook. Vice Provost for Diversity and Inclusion and

Strategic University Initiatives, University of Georgia

**Navdeep Singh.** Student Government Association Treasurer, University of Georgia

#### MODERATOR:

**Victor K. Wilson.** Vice President for Student Affairs. University of Georgia

Tags: #leadership #professionaldevelopment

#### Cultivating Resilience through Academic Coaching: Growth Mindset Work at UGA

In this session, participants will learn more about how Academic Coaching in the Division of Academic Enhancement (DAE) provides individualized support for students at key moments during their academic journey when motivation, resilience, and identity are challenged. Over four sessions, academic coaches inspire students to embrace metacognitive, self-regulated learning practices by reflecting on strengths, barriers, growth, and success. Students complete a Strategic Learning Plan that embeds opportunities for reflections on evolving behaviors and mindsets.

#### PRESENTERS:

Maggie K. Blanton, Assistant Director for Services,

Division of Academic Enhancement, University of Georgia

**Thomas Chase Hagood,** Director, Division of Academic Enhancement, University of Georgia

Tags: #studentsuccess #growthmindset #resilience

Room 138

#### Working Past Five: "Workaholism" in College Students

Can students be "workaholics" even if they aren't technically in the workforce yet? "Workaholism" is defined as a multi-dimensional construct that can have serious implications on our physical, social, and emotional health. While students may not "work" in the traditional 8–5 sense, they can still exhibit unhealthy work behaviors while in school. Participants of this session will gain a greater understanding of how to spot the signs of "workaholism" as well as strategies for how student affairs professionals can assist students exhibiting these signs.

#### PRESENTER:

**Jessica Keever**, Public Relations Specialist /Research Assistant, University Housing/ WAFER Lab UGA Psychology Department, University of Georgia

Tags: #supervision #studentleadership #worklifebalance

Room 139

#### Get Connected: Rebrand & Improve Your Organization's Social Media Presence

Social media platforms have numerous ways of engaging the communities we serve as well as other critical stakeholders, including analytical tools for how to best communicate with those audiences. In this session, we will detail how UGA's Office of New Student Orientation rebranded its social media platforms, utilizing student leader social media accounts and other digital best practices for engaging stakeholders. This session is intended for professional staff members who lead social media and marketing efforts.

#### PRESENTERS:

**Nic Laconico,** Graduate Assistant, New Student Orientation, University of Georgia **Tori Tanner,** Program Coordinator, New Student Orientation, University of Georgia

# **Concurrent Session II** (continued)

#### **Room 140**

# Screening, Brief Intervention, and Referral to Treatment (SBIRT) in the Age of Budget Cuts and the Internet

Each year, a growing number of institutions are using SBIRT as a best practice tool for early intervention in multiple settings across campus, providing insight into students' decision–making around substance misuse. This session will provide participants who work in prevention work, either directly or peripherally, with a deep dive into SBIRT: what it is, why we believe in it, how implementation on campuses is changing, and what we can learn from data collection.

#### PRESENTER:

**Logan Davis**, Outreach and Engagement Manager, Higher Education Center for Alcohol and Other Drug Misuse Prevention and Recovery, Ohio State University

Tags: #wellbeing #prevention #alcoholandotherdrugs

#### Room 141

#### Ready, Set, Grow: Fostering Resilience Among Diverse Learners

The transition to college is often a challenging experience for incoming students. For a student with a disability, the transition can present additional stressors. Learn about common barriers that students with disabilities encounter when navigating a higher education setting and strategies for supporting and fostering resilience among students with disabilities. The strategies presented can be applied broadly to support diverse learners such as adult learners, veterans, and first generation students.

#### PRESENTERS:

**Erin Benson**, Director, Disability Resource Center, University of Georgia **Tina Vires**, Director, Director, Access & Accommodations Center, Georgia State University

Tags: #growthMindset #studentswithdisabilities #studentsupport

#### **Room 142**

#### **Dialogue: An Approach for Difficult Conversations**

Participants will learn some of the knowledge and skills required to convene and manage a difficult conversation around a polarizing issue. Participants will learn to create safe-enough space for open hearted engagement, achieve clarity of purpose and expectations, and use agreements and structure. Understanding these concepts can lead to a conversation that enhances learning and understanding, strengthens relationships, and increases trust and community in spite of our differences.

#### PRESENTER:

**Raytheon M. Rawls,** Faculty, J.W. Fanning Institute for Leadership Development, University of Georgia

Tags: #buildingcommunity #talkingasaction #dialogue

#### Beyond Binaries: Supporting LGBTQ+ Students on Today's Campuses

Join the current director and founding director of the UGA LGBT Resource Center for a discussion on the challenges and opportunities for supporting queer and trans students on today's college and university campuses. The discussion will delve into challenges, directions for the future, and an opportunity for attendees to ask their own questions.

#### PRESENTERS:

Chad R. Mandala, Director, LGBT Resource Center, University of Georgia

Michael Shutt, Senior Director for Community, Office of Health Promotion, Emory University

Tags: #LGBTQIA #studentsupport #studentwellbeing

#### Room 479

# Student Sexual Health: The Trends, Barriers, and Strategies for Improvement

Sexual health is an integral component of student wellness and success. For college women, navigating routine pelvic exams, contraceptive methods, and testing for sexually transmitted infections can be challenging due to stigma and lack of education. This presentation will explore the intersection of sexuality education and clinical services that support women's sexual health on a college campus. Presenters will review national behavior trends, identify strategies institutions can implement, and address barriers minority women may experience.

#### PRESENTERS:

**Gary Glasser,** Physician, University Health Center, University of Georgia **Camilla Herndon,** Sexual Health Coordinator, University Health Center, University of Georgia

Tags: #studenthealth #sexualhealth #studentwellbeing

#### Room 480

#### Building Resiliency in Online Students: Advocacy, Resources, and Cultivating Social Connections

Student resiliency is a topic that garners much interest and debate. Various approaches to increase student engagement and an array of student services and resources are available, convenient, and readily accessible to on-campus students. For online students, the path to success is more difficult to navigate. The goal of this presentation is to provide an overview of the challenges online students face and identify strategies to build resiliency in online students through advocacy, campus collaborations, resources, and by creating and cultivating social connections.

#### PRESENTER:

**Sharon Shannon**, Student Support Services Coordinator, Online Learning, University of Georgia

Tags: #resiliency #studentsuccess #engagement

# Concurrent Session III 1:15 p.m. - 2:00 p.m.

Featured Session - Reception Hall (Level 1)

#### Hot Topics in Higher Education Law: From Issue to Policy

This session looks at three areas of law that have seen important developments in the last few years: free speech, threat assessment, and student privacy. We will discuss some of the legal developments and how institutions can use policies and procedures to address these developments.

#### PRESENTER:

Marshall Chalmers, Associate General Counsel, Office of Legal Affairs, University of Georgia

Tags: #higheredlaw #higheredpolicy #policyandprocedure

Room 137

#### **Emerging Careers and Evolving Competencies in an AI World**

Artificial intelligence, biomedical innovation, genetics, advanced robotics, and nano-technology are reshaping the present and signaling the future. This future will be different, requiring different skills, behaviors, and mindsets—and will be defined by historic disruption that reshapes the world of work and life. Participants will explore this emerging sea-change and how these concepts intersect through a bold new approach to teaching, learning, and advising defined by experiential, real-world, work-based learning experiences.

#### PRESENTER:

**Andrew Potter,** Director, Office of University Experiential Learning, University of Georgia

Tags: #advising #careerplanning #learningsystems

Rnnm 138

#### **Got Your Six: Supporting Student Veterans**

Did you know there are over 18,000,000 veterans in the United States? Of these appropriately 1,000,000 are currently using their VA educational benefits. With such a large degree-seeking population, it is good to consider the strategies/ practices by which different colleges and universities support their student veterans. The purpose of this session is to briefly provide participants an awareness of the challenges facing student veterans and, in turn, offer a thumbnail sketch of UGA's student veteran population. With UGA's context established, this session will focus on UGA's approach to constructing an integrative support system (i.e. faculty, staff, community, corporate) that is focused on easing a student veteran's transition, enabling access to programs/services, and facilitating career readiness.

#### PRESENTER:

**Ted Barco**, Director, Student Veterans Resource Center, University of Georgia **Mandy Brooks**, Assistant Director, Student Veterans Resource Center, University of Georgia

# Building the Bridge: Simple Collaborations Between Academic and Student Affairs

Effective partnerships that enhance the student experience do not need to be grandiose new initiatives that rally the entire campus community. Sometimes it's about small incremental changes that tap into resources that already exist on campus. In this session, participants will learn how to strengthen and enhance communication between units to ensure students connect with the resources that best fit their needs.

#### PRESENTERS:

Maggie K. Blanton, Assistant Director for Services,

Division of Academic Enhancement, University of Georgia

Scott Patton, Associate Director, University Housing, University of Georgia

Tags: #partnerships #collaboration #studentsuccess

#### Room 140

#### Supporting Students: Keeping Wellness at the Forefront of Programming

Two areas that greatly affect individual academic performance are stress and anxiety. How can we meet students where they are? This presentation will address how to intentionally support students in their well-being efforts by keeping wellness at the forefront of programming. We will discuss tips to support a student's holistic wellness regardless of institutions and resources. We will also provide examples of wellness initiatives and partnerships that we have found to be successful, as well as ideas for creating similar programs at other institutions.

#### PRESENTERS:

**Liana Natochy**, Alcohol and Other Drugs Education Coordinator,

University Health Center, University of Georgia

**Tayler Simon**, RSVP Education Coordinator, University Health Center, University of Georgia

Tags: #wellbeing #programming #collaboration

#### Room 141

#### The Future of UGA Student Affairs: Leading to 2025

Have you ever wanted to be a part of strategic planning for a large organization like UGA Student Affairs? Now you can! With a focus on the three strategic directions of the 2025 plan — ready to grow, essential skills, and community — participants will be asked to provide feedback to current plans underway and offer their visions of the future. All conference attendees (not just UGA Student Affairs staff!) are welcome to join members of the planning team as we explore the future of UGA Student Affairs Plan to ensure it is #forthestudents.

#### PRESENTERS:

**Kara L. Fresk**, Director, Student Affairs Learning and Strategic Initiatives, University of Georgia **Matthew Waller**, Assistant to the Vice President, Divison of Student Affairs, University of Georgia

Tags: #strategicplanning #divisioninitiatives #behindthescenes

# **Concurrent Session III** (continued)

#### Room 142

#### **Cross-Cultural Collaborations to Promote Resiliency**

Individual and community well-being intertwine. The actions communities take to foster resilience while working towards equity and inclusion, working with the leadership of communities that have historically faced exclusion, as well as our social impact network helps frame conversations around resilience. It matters how campuses and those populating them network with the communities around them. By building relationships and strengthening networks, we can amplify the impact in thriving communities. Join us for a robust roundtable dialogue!

#### PRESENTERS:

Araceli Hernández-Laroche, Associate Professor of Modern Languages,

University of South Carolina–Upstate

Laura Barbas Rhoden, Professor of Spanish, Modern Languages,

Literatures, and Cultures, Wofford College

Tags: #relationshipbuilding #communitydevelopment #leadershipdevelopment

#### Room 473

#### **Pushing Through Discomfort: Supervising With Radical Candor**

Supervision is arguably one of the most difficult professional responsibilities that employees face. How do I best communicate expectations to my employees, and how do I hold staff accountable when they don't meet them? How do I account for interpersonal conflict while still striving to create a strong team dynamic? Using Kim Scott's Radical Candor: Be a Kick-Ass Boss Without Losing Your Humanity, the presenter will guide attendees through the main components of radical candor and how it can be applied to supervision strategies and techniques to create stronger teams, craft an environment of honest feedback, and be more productive overall.

#### PRESENTERS:

**Taylor Cain,** Associate Director of the Tate Student Center and Director of the Center for Student Activities & Involvement. University of Georgia

Tags: #supervision #staffAccountability #feedback

#### Incorporating the Okanagan Charter: A Discussion on Actionable Campus Wellness Initiatives

In this session, participants will learn about the foundation of the Okanagan Charter, discuss its implications for programming and events, and participate in a guided discussion on what different universities are proactively changing when it comes to student health issues. Attendees should be prepared to share what your institutions are doing to help combat physical and mental health issues.

#### PRESENTER:

Ryland Berry, Graduate Resident, University Housing, University of Georgia

Tags: #wellness #collaboration #inclusion

#### Room 480

#### **Focus on Fifteen: Supporting Professional Graduate Students**

Life pulls professional graduate students in many different directions. When it comes to balancing responsibilities at work, at home, and in their communities, student services and school all vie for their number one limited resource: time. Yet, that limited amount of time to give stellar support may make all the difference in retaining these students through degree completion. On UGA's Gwinnett Campus, we've developed student support services that demand less than fifteen minutes of our students' time. When we Focus on Fifteen, we meet our students where they are, when they need our support. In this presentation, Laura Crawley and Ben Hall from the UGA Gwinnett Campus will share some of the support services developed to help working professionals succeed in their graduate programs.

#### PRESENTERS:

**Laura Crawley**, Assistant Vice President for Academic Affairs and Director, University of Georgia-Gwinnett

Ben Hall, Assistant Director, Student and Faculty Services, University of Georgia-Gwinnett

Tags: #resiliency #studentsuccess #engagement

# Concurrent Session IV

2:15 p.m. - 3:00 p.m. 2:15



#### Imagination Squared: Building Your Own Pathway to Resilience

As a follow-up to the lunchtime keynote, participants will be given the time, space, and resources to create their own resilience square. Attendees will learn more about the unique stories of past Imagination Squared participants, examine how resilience may take shape for them, and have the space to craft their own resilience square or record a brief audio sample that describes their resilience.

#### PRESENTER:

Christina Foard, Graduate Teaching Assistant, Imagination Squared, University of Georgia

Tags: #resiliencethroughart #findyourpath #resilience

#### Rnnm 138

#### Celebrate and Support Sustainability!

Sustainability and waste-reduction are increasingly important issues in residential programming, especially with a limited budget and finite resources. This interactive session is intended for sustainability coordinators, RA supervisors, and RAs who want to create low-waste communities. Participants will learn how to reuse excess programming materials, reduce waste, and be better stewards of budgetary resources, all while honoring their students and staff. This session will feature a presentation, share circle, and a hands-on demonstration.

#### PRESENTER:

Julianne O'Connell, Graduate Resident, University Housing, University of Georgia

Tags: #sustainability #programdevelopment #repurposedmaterials

#### Room 139

#### So What?: How to Add Value into Valuable Student Experiences

Established in 1968, the University Judiciary (UJ) is the student-run organization charged with promoting a climate of integrity at the University of Georgia by conducting formal hearings for students alleged to have violated conduct regulations. This session will utilize an overview of the UJ experience to provide professionals a "real-time" example to explore how student leaders gain valuable skills they can apply outside the classroom during their time on campus and beyond.

#### PRESENTER:

**Emmie Bennett,** Senior Coordinator, Student Conduct, University of Georgia

Tags: #studentexperience #leadership #advising

# Feeding the Next Generation: Addressing Food Production, Access, and Waste

Participants will learn about issues, resources, and opportunities to engage in experiential learning related to UGA's new Foodshed Initiative. Attendees will be able to identify food access barriers our students face through a facilitated hands on activity, as well as discuss opportunities to collaborate in addressing the critical topic of student food access.

#### PRESENTERS:

**Kevin Kirsche,** Director, Office of Sustainability, University of Georgia **Christy Tweedy**, Sustainability Coordinator, University Housing, University of Georgia

Tags: #communitypartnerships #studentwellbeing #experientiallearning

#### Room 141

#### Healthy Dawgs at Work: Health and Well-Being for the Work Environment

Participants will receive information on health and well-being for their work environment as we discuss helping employees with their work-life balance and improving their overall health. This presentation highlights workplace wellness, services, and ways to improve your overall workplace environment at the University of Georgia.

#### PRESENTERS:

**Jessica Brooks,** Clinic Manager, University Health Center, University of Georgia **Shakira Lynn**, Nurse Practitioner, University Health Center, University of Georgia

Tags: #wellbeing #mindfulness #healthyworkplace

#### Room 142

#### Staff Accountability: A Process of Care

Holding staff accountable is the single most important skill a supervisor must have. It's difficult, but accountability starts from a place of trust and care. In this session, participants will learn the importance of creating a foundation of care in order for staff to positively receive challenging feedback. Join us in exploring how to be direct, developmental, and thoughtful to create a team that's high performing and trusts that their supervisor is invested in their long-term success.

#### PRESENTERS:

**Ricky Boggs**, Area Coordinator, University Housing, University of Georgia **Scott Patton**, Associate Director, University Housing, University of Georgia

Tags: #staffdevelopment #supervision #leadership

# **Concurrent Session IV** (continued)

Room 473

#### Talking TED: Cultivating Student Resilience Through "Ideas Worth Spreading"

TEDxUGA is a leading independently-organized TED event with talks that boast over 2.1 million online views. Each presenter's talk is carefully crafted by a trained curation team made up not of professionals, but of students. UGA is the only university in the nation that includes TED curation in the curriculum, and the curation process is an experiential learning journey like you've never seen before. Join the TEDxUGA licensee and a panel of New Media & TED students as we explore how student resilience, dedication, and collaboration are critical.

#### **PANELISTS:**

Daniel Copetillo, TEDxUGA, University of Georgia Brady Eastin, TEDxUGA, University of Georgia Kendall Lake, TEDxUGA, University of Georgia Olivia Sprott, TEDxUGA, University of Georgia Dakota Werner, TEDxUGA, University of Georgia

#### MODERATOR:

Megan Ward, Director, New Media Institute, University of Georgia
Tags: #presentationcuration #collaboration #experientiallearning

Room 479

## Engaging Alumni via a Student-Driven E-Mentoring Program

Universities are always looking for ways to engage their alumni. Mentor programs support the efforts of student success and alumni engagement. There are countless benefits to establishing a mentoring culture and building stronger connections to the institution. This session will discuss how universities can better serve their students while simultaneously increasing the engagement of their alumni. The presenter will discuss university—wide e—mentoring program that engages alumni and shares the impact on both students and alumni.

#### PRESENTER:

Jeremy Daniel, Associate Director, UGA Career Center - Mentor Program, University of Georgia

Tags: #mentorship #studentsupport #alumniengagement

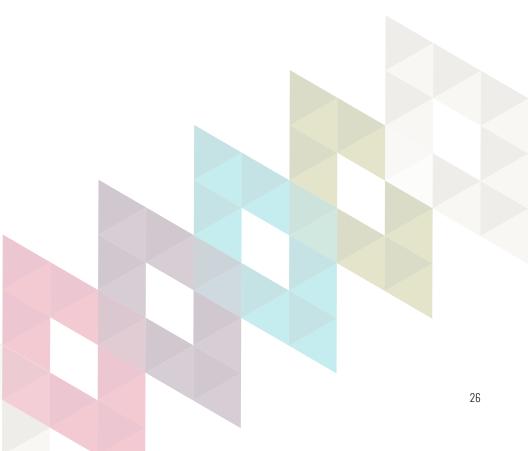
#### Designing Intentional Learning Experiences: Active Learning in High-Impact Practices

This presentation provides an overview of experiential learning and high impact practices offered through UGA Student Affairs. With the results of a pilot study understanding the level of student participation in such experiences, this presentation will allow participants to understand the connection of active learning in experiential learning opportunities. Participants will be able to understand how to incorporate active learning into high impact experiences to further increase their reach, impact, and implications for participation.

#### PRESENTERS:

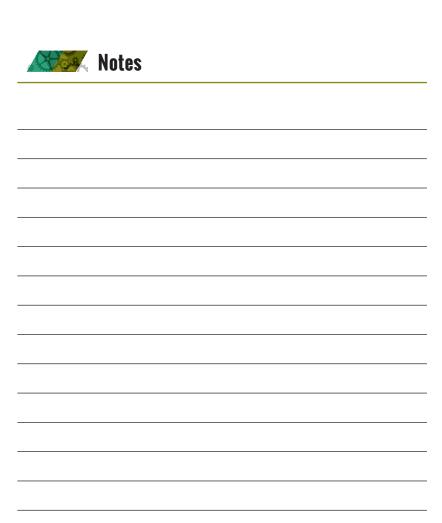
**Ben Cecil**, Assistant Director, International Student Life, University of Georgia **Erin B. Ciarimboli**, Assistant Director for Learning, Assessment, and Data Initiatives, Student Affairs Learning & Strategic Initiatives, University of Georgia

Tags: #experientiallearning #activelearning #diversityandinclusion





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# THANK YOU FOR ATTENDING TODAY!

We invite you to provide feedback about your conference experience. We will send you an email with an assessment link or you can visit:

http://bit.ly/Engage19survey

Twitter: @UGAStudent Facebook: /ugasastaff Instagram: @ugasastaff

#SAChat #EngageUGA #ForTheStudents #UGA

