25TH ANNUAL CONFERENCE
UNIVERSITY OF GEORGIA • ATHENS, GA
SATURDAY
OCTOBER 23, 2021

9:00AM - 9:30AM
Check in
Tate Student Center
5th Floor Ticket Booth

9:30AM - 10:30AM
Welcome & Keynote
Tate Grand Hall

10:40AM - 11:25AM
Presentation Block 1
Tate Grand Hall & Tate meeting rooms

11:30AM - 1:00PM
Lunch & Leadership Panel
Tate Grand Hall

1:00PM - 1:15PM
Break

1:15PM - 2:00PM
Presentation Block 2
Tate meeting rooms

2:10PM - 2:55PM
Presentation Block 3
Tate meeting rooms

3:00PM - 4:00PM
Closing Social
Tate South Lawn

PRESENTATION TRACKS
- COMMUNITY ENGAGEMENT
- COLLABORATIVE LEADERSHIP
- DIVERSITY, EQUITY, AND INCLUSION
- PERSONAL LEADERSHIP
- WELL-BEING

Community Partner Drive – Books for Keeps
Books for Keeps works to improve children’s reading achievement by addressing barriers related to the accessibility and appeal of reading material. For more information, visit booksforkeeps.org.
FEATURED KEYNOTE: YOU WANT TO CHANGE THE WORLD?
PAY ATTENTION TO YOUR FEELINGS

Dr. Leslie Nwoke, Physician, Executive Coach, and Founder of HeartWork Now

Today’s students are more influential than ever before. From YouTube stars to millennial entrepreneurs, this generation is changing the norms of leadership. The most effective of them realize that leading well means engaging not just your head, but your heart. Emotional intelligence is the process of becoming self-aware by engaging our challenging and messiest emotions and choosing to face them bravely. In this session, Dr. Leslie will share ways to be a more conscious and emotionally intelligent leader and leave listeners with three big ideas on how to face the difficult parts of themselves head on.

PRESENTATION BLOCK 1
10:40AM - 11:25AM

CAN WE TALK? NAVIGATING DIFFICULT CONVERSATION
(...WHEN YOU DON’T LIKE CONFLICT)

Dr. Leslie Nwoke, Physician, Executive Coach, and Founder of HeartWork Now
Tate Grand Hall

“Can we talk?” We’ve all dreaded hearing (or saying) these words at some point in time. The fear of what the conversation might bring makes us avoid the conversation (and the person) all together. Much purpose and growth can come from hard conversations, if we’re brave enough to have them. In this session, Dr. Leslie will explore what makes conversations hard and how to have better ones.

CENTERING YOUR WELL-BEING AND NEEDS AS A LEADER

Gabriella Buttry, President of Peers for Alcohol and Other Drugs
Tate 137

While mental health has increasingly become a popular topic in today’s media and everyday life, terms like self-care and well-being have been misused and misrepresented. Understanding what these terms mean and how to use effective self-care techniques in our everyday life can benefit our overall wellbeing, and in turn, enhance leadership capabilities. In our busy schedules it can be difficult to make time for this, so how can we make effective strides towards self-care? In this session, those attending will have the opportunity to discuss effective and deliberate strategies relating to self-care and how it applies to their role(s) in leadership.
ORBITING ORGANIZATION OBJECTIVES

Jeffery John, Program Manager for the Small Satellite Research Laboratory
Tate 141

While aiming for the stars is encouraged, it’s important to plan and inventory for the journey. College is a unique logistical environment, and it is important that students are able to determine how their paths may best align with their organization in the time they have. The Small Satellite Research Laboratory hopes to share the methodology used to coordinate multi-year projects and spontaneous exploration. Attendees will learn how to navigate their organization’s short and long term goals, while ensuring the stability of themselves and their teams.

CULTURAL CURIOSITY: EFFECTIVE LEADERSHIP IN A GLOBALIZED WORLD

Linden Mathis, Administrative Coordinator for International Student Life
Tate 473

Curious leaders are innovative, collaborative, and critical for developing effective teams in a globalized world. In this session, we will reflect and share our unique perspectives on curiosity, culture, identity, and values in order to learn how cultural curiosity strengthens our leadership and how to incorporate cultural curiosity into our work as current and future leaders.

THE FOUNDATION OF LEADERSHIP: SERVICE AS A LIFESTYLE

Esther Kim, Vice President of The Backpack Project of Athens
Tate 480

What does it mean to serve? To volunteer? To give back to the community? At The Backpack Project of Athens, a student-run 501(c)(3) non-profit, we believe that a ten-minute conversation can dispel a lifetime of assumptions about homelessness. We aim to provide those who experience homelessness with opportunities to not only sustain themselves, but also to positively influence the quality of life of those around them. Anyone can be a leader because the foundation of leadership is to serve those we have been given responsibility for. It is amazing what we can accomplish when we do not care who gets the credit. This presentation will allow students to learn more about The Backpack Project, what service truly means, and how service must become a lifestyle as leaders in our community.
DRESS FOR SUCCESS: MORE THAN A SUIT
Calvin Rausch, Deputy Executive Director of the SGA Professional Clothing Closet
Tate 137
Dress for Success: More than a Suit will outline the different types of professional attire, occasions for each, and business FAQs. Additionally, the presentation will discuss how to incorporate your own style and personality into your wardrobe & the intersection of professionalism and gender, culture, and authenticity.

HEALTHY EATING ON A BUDGET
Starlyn Street, Peer Nutrition Educator
Megan Govedich, Peer Nutrition Educator
Tate 138
Peer Nutrition Educators will give tips for eating healthy on a budget. Trained by the Registered Dietitians at the University Health Center and Dining Services and representing the University Health Center, Dining Services, and the Department of Nutritional Sciences.

LEADING GROUP REFLECTION
Cathy Stedman, Assistant Director for Outdoor Recreation
Tate 141
The success or failure of a group provides opportunities for learning and future applications. How can you as a leader facilitate conversations that give new insights and actions? We will look at a few models for leading reflection, do an activity, and then use the models in a group reflection.
WORKING TO END DOMESTIC VIOLENCE: HOW PROJECT SAFE ENGAGES THE COMMUNITY AND STUDENTS IN ITS MISSION AND WORK
Joan Prittie, Executive Director of Project Safe Inc.
& Instructor for the UGA Institute for Non Profit Management and Leadership
Tate 142
Project Safe's work in the context of the movement to end intimate partner violence.

INCLUSIVE LEADERSHIP: UNDERSTANDING SOCIAL IDENTITIES, PRIVILEGE, AND OPPRESSION
Kayla McKinney, Graduate Assistant for Development & Alumni Relations
Tate 473
With racial demographics continuing to change without any societal plan to address racial bias among college students, inclusive leadership is now more important than ever. This presentation attempts the answer the question, ‘What does student life look like without inclusive leadership?’ using the Blake R. Silver study “How Student Conformity Leads to Inequality on College Campuses”. Using multimedia sources and interactive activities, participants will be able to understand how certain social identities grant privileges, which can negatively impact others if not careful.

UNDERSTANDING UNDERDOCUMENTED AND SUPPORTING STUDENTS
Betina Kaplan, Co-director for U-Lead Athens
Tate 480
In this presentation we will discuss the current situation for immigration mixed status families with focus on barriers that immigrants and children of immigrants face in order to access to higher education. All presenters are members of the local organization U-Lead Athens, a non-profit volunteer driven organization, dedicated to supporting un(der)documented students to gain access to college.

PRESENTATION BLOCK 3
2:10PM - 2:55PM

MENTORSHIP + YOU: BECOMING A SERVANT-LEADER
Destiny Lloyd, Senior Program Coordinator for the UGA Mentor Program
Kristine Ytem, Graduate Assistant for the UGA Mentor Program
Tate 137
Behind every great leader, there is a great mentor. From Mahatma Gandhi mentoring Nelson Mandela to Maya Angelou mentoring Oprah Winfrey, know that you do not have to lead alone. In this session, learn how to invest in yourself and others by learning more about how mentorship can take your leadership to the next level, the characteristics of servant-leaders, and strategies for becoming an effective mentor to those you lead and empower.
BROOKLYN CEMETERY: WHY PLACE IS IMPORTANT IN SERVICE
Kimberly Davis, Trustee for the Friends of Brooklyn Cemetery
Tate 141
The Brooklyn Cemetery, a historic African American cemetery in Athens, GA., has become a model for what place means in terms of community service. From place comes past, present and future.

24-HOUR MAGIC: MASTERING TIME MANAGEMENT AS A STUDENT LEADER
Mackenzie White, Graduate Resident for Residential Programs & Services
Tate 142
As a student leader, you may find yourself wondering how to fit your co-curricular activities and obligations into a schedule that is already full with classes, homework, meals, socializing, and maybe even a part time job. This session is designed to help you learn time management strategies that you can immediately implement into your own life to help you thrive as a student leader.

MENTAL HEALTH AND DISABILITY INCLUSION COMPETENCY TRAINING
Sloane Sengson, Co-President of the Medical Reserve Corps
Pilar Corso, Member of the Medical Reserve Corps
Tate 473
This mental health and disability inclusion competency training will introduce the need for leaders, in their various positions, to be aware of an ongoing inclusion effort that is vital to the success of any organization. Mental health conditions and various disabilities are not discriminatory to any group but are ever present in every age, gender, race, sexual orientation, societal standing, and economic class. To have the most success in any leadership position, professional competence and staffing support will be best served by those who have an understanding in mental health conditions and the disability community so that they are able to encourage inclusive communities on campus and beyond.

WHAT’S IN A WHY: INSPIRING OTHERS USING TRANSFORMATIVE LEADERSHIP
Sarah Urbanski, Graduate Assistant for Student Government Association
Nick Stines, Graduate Assistant for Student Transitions
Tate 480
Transformative Leadership instills positive change and helps a team invest in a common goal. In this workshop, we will explore the qualities of a transformational leader and how you can embody these qualities through your involvement opportunities at UGA. Come discover your own “why” and how to use it to motivate others and instill a mission of growth and development amongst your peers.
Join us for networking and celebration as we close out a day of learning. The Closing Social will feature music, games, door prizes, and an afternoon treat!

SPECIAL THANKS

- Campus Reservations, Events, and Technical Services
- Print & Copy Services
- Taziki’s Mediterranean Café
- Alumni Cookie Dough
- Serve UGA
- WUOG 90.5FM
- Presenters & Panelists

THANK YOU FOR ATTENDING THE 25TH ANNUAL STUDENT LEADERSHIP CONFERENCE!

You will receive an email with an assessment link following the conference and we invite you to provide feedback about your experience.